

PEP Training Event: Trauma-Informed Practices

PRESENTER: Bruce D. Perry, MD, PhD

Founder and Senior Fellow of The ChildTrauma Academy

Unique Learning Experience for Educators, Administrators, Safety Forces, Counselors and Anyone Who Works with Children Exposed to Trauma and Adversity

<p>WHEN: TUESDAY, MAY 15, 2018</p> <p>Registration: 8:00 am Program: 8:30 am – 4:00 pm</p>	<p>WHERE: MARRIOTT CLEVELAND EAST</p> <p>26300 Harvard Road Warrensville Heights, OH 44122</p>	<p>COST: \$75 PER PERSON</p> <p>Lunch will be provided. Six contact hours are available to all attendees.</p>
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Science has led to greater understanding about the developing brain, and we now recognize that childhood trauma and adversity impact how a child learns and experiences the world. Sadly, we also know that many factors such as poverty, urban violence and terrifying events like the recent school shootings are contributing to increases in childhood trauma.

As professionals who work on behalf of children and communities, how can we utilize this knowledge to improve how we help children learn and grow? This special training event will address this critical question led by one of the nation's most engaging presenters and highly regarded experts on this subject, **Dr. Bruce Perry**.

Dr. Perry is the Founder and Senior Fellow of The ChildTrauma Academy (www.ChildTrauma.org) and an adjunct professor in the Department of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine at Northwestern University. Dr. Perry is the author, with Maia Szalavitz, of *The Boy Who Was Raised as a Dog*, a bestselling book based on his work with maltreated children and *Born for Love: Why Empathy is Essential and Endangered*.

His research has led to groundbreaking work, including the development of The Neurosequential Model of Therapeutics (NMT) and The Neurosequential Model in Education (NME). He is the recipient of numerous professional awards and honors, including the T. Berry Brazelton Infant Mental Health Advocacy Award.

Dr. Perry's experience as a clinician and a researcher with traumatized children has led many community and governmental agencies to consult him following high-profile incidents involving traumatized children such as the September 11th terrorist attacks (2001), Hurricane Katrina (2005), and the Sandy Hook Elementary school shootings (2012) among others.



Oprah Winfrey "60 Minutes" interview with Dr. Bruce D. Perry aired Sunday, March 11, 2018.

"This story has had more impact on me than practically anything I've ever done."

— Oprah Winfrey, in reference to her "60 Minutes" piece with Dr. Perry

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Questions, contact Beth Gould at bgould@pepcleve.org or 216-361-7760 x190.
Registration is available online at www.pepcleve.org/pepperrytraining2018.aspx

PRESENTATION TOPIC: Six Core Strengths for Healthy Childhood Development

The development of a young child is profoundly influenced by experience. Experiences – good and bad – shape the organization of the brain and ultimately impact emotional, social, cognitive and physiological functioning. Insights into this process come from understanding brain development. Trauma, violence, and neglect, the absence of essential developmental experiences required to express a fundamental potential of a child, are pervasive problems in our culture.

By turning our focus toward healthy development, however, we believe that we can make great strides toward violence prevention. If a child develops the capacity to be humane, his likelihood for committing violence decreases, and his likelihood to be resilient following exposure to violence increases. This presentation will address the development of six of core strengths that can help promote health and decrease risk for a host of emotional, social, behavioral and cognitive problems.

By cultivating a series of core strengths in young people, we can prevent them from becoming violent and offer them an antidote to the chaos and violence to which they're exposed. Each of the core strengths — attachment, self-regulation, affiliation, awareness, tolerance, and respect — is a building block in a child's development. Together, they provide a strong foundation for future health, happiness, and productivity.

TRAINING OBJECTIVES

The practices that will be learned are informed by the known science regarding the impact of trauma and adversity on a child's development. Yet, these approaches are also positive for the development of all children. Therefore, the day will be designed to achieve these objectives:

1. Understand childhood development from a neuro-developmental perspective.
2. Identify the six core strengths of healthy childhood development.
3. Learn ways to facilitate healthy development that is relevant for all children, not just high-risk children impacted by violence, abuse or other forms of adverse life experience.

ABOUT PEP

Since 1971 **Positive Education Program** has helped troubled and troubling children learn and grow, providing strength-based special education and mental health services in partnership with families, schools, and communities. Each year PEP positively impacts the lives of 2,500 children and their families through its areas of service: Integrated Special Education & Mental Health, Early Childhood, Autism, Community Support, and Consultation & Training. PEP operates many programs including: **Day Treatment Centers, Early Childhood Plus, Connections** and **PEP Assist**.

PEP has gained significant expertise in trauma-informed care and practices, having earned agency-wide certification in The Sanctuary Model. Through an intensive process, 10 of PEP's clinical leaders earned Neurosequential Model of Therapeutics (NMT) Phase 1 certification and 10 PEP education leaders earned Neurosequential Model of Education (NME) trainer status. PEP is part of the NME/NMT network facilitated through The ChildTrauma Academy.