

Re-EDducation at PEP

Re-EDucation, or **Re-ED**, is a systematic approach to working with children who have mental health and behavioral issues. Re-ED focuses on discovering and building upon the existing strengths of children – not dwelling on their weaknesses so that these positive attributes will ultimately occupy more of their being. The Re-ED model is rooted in the abilities of dedicated teacher-counselors to build trusting relationships with students – relationships that inspire confidence, hope, empathy, and resilience. When asked to describe the Re-ED philosophy, Dr. Nicholas Hobbs, its architect, identified these 12 principles:

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| <p>1.
Life is to be lived now.</p> | <p>2.
Trust between the child and adult is essential.</p> | <p>3.
Time is an ally.</p> |
| <p>4.
Competence makes a difference.</p> | <p>5.
Self-control can be taught.</p> | <p>6.
Intelligence can be taught.</p> |
| <p>7.
Feelings should be nurtured.</p> | <p>8.
The group is very important.</p> | <p>9.
Ceremony and ritual give order.</p> |
| <p>10.
The body is the armature of the self.</p> | <p>11.
Communities are important.</p> | <p>12.
A child should know some JOY in each day.</p> |