



51% WHOLE GRAINS
100% JUICE

**POSITIVE EDUCATION PROGRAM
9-12TH HOT LUNCH MENU
DECEMBER 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU SUBJECT TO CHANGE. PEP IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.			1	2
			1/2 C JUICE 1/2 C ORANGE 1 C GREEN BEANS BREADED CHICKEN NUGGETS PRETZELS BBQ PACKET MILK	1/2 C JUICE 1/2 C BANANA 1 C CARROTS 1 C BROWN RICE SWEET & SOUR CHICKEN MILK
5	6	7	8	9
1/2 C JUICE 1/2 C CRAISINS 1 C BROCCOLI MINI CORN DOGS KETCHUP MILK	1/2 C CRAISIN 1/2 C APPLE 1/2 C WANGO MANGO JUICE 1/2 C BABY CARROTS CHEESE PIZZA MILK	1/2 C JUICE 1/2 C APPLESAUCE 1 C POTATO WEDGES TURKEY BREAKFAST SAUSAGE PANCAKES KETCHUP & SYRUP MILK	1/2 C JUICE 1/2 C APPLE CRISPS 1 C CONEY BEANS TURKEY HOT DOG & BUN KETCHUP MILK	IN-SERVICE NO STUDENTS
12	13	14	15	16
1/2 C JUICE 1 C BBQ BEANS CHICKEN TENDERS MINI BISCUIT BUTTER MILK	1/2 C JUICE 1/2 C APPLE CRISPS 1 C POTATO ROUNDS TURKEY BREAKFAST SAUSAGE BUTTERMILK WAFFLE KETCHUP & SYRUP MILK	1/2 C JUICE 1/2 C APPLESAUCE 1 C PIZZA GREEN BEANS CHEESE STUFFED BREADSTICKS MARINARA MILK	1/2 C JUICE 1/2 ORANGE 1/2 C BABY CARROTS 1 C BROCCOLI CHICKEN PATTY & BUN BBQ PACKET MILK	1/2 c juice 1/2 c banana 1 c carrots breaded chicken nuggets pretzels bbq packet milk
19	20	21	22	23
1/2 C JUICE 1/2 C CRAISINS 1 C MKED VEGETABLES MINI CORN DOGS KETCHUP MILK				Winter Break 
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