





51% whole grains
100% juice

POSITIVE EDUCATION PROGRAM
9-12 BREAKFAST MENU
NOVEMBER 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
|  | 1 1/2 C CRAISINS BREAKFAST OATMEAL ROUND 1/2 C JUICE MILK | 2 BANANA FROSTED FLAKE CEREAL GRAHAM CRACKER 1/2 C JUICE MILK | 3 ORANGE LEMON CHIP CRUNCH BAR 1/2 C JUICE MILK | 4 IN-SERVICE NO STUDENTS |
| 7 | 8 | 9 | 10 | 11 |
| 1/2 C APPLESAUCE TRIX BAR 1/2 C JUICE MILK | 1/2 CRAISINS TRIPLE BERRY BAR 1/2 C JUICE MILK | BANANA TOOTIE FRUITIE CEREAL GRAHAM CRACKER 1/2 C JUICE MILK | 1/2 C APPLE CRISPS MINI CINNAMON ROLLS 1/2 C JUICE MILK | 1/2 C APPLE MARSHMALLOW MATEY CEREAL 1/2 C JUICE MILK |
| 14 | 15 | 16 | 17 | 18 |
| 1/2 C APPLESAUCE FROSTED POP TART 1/2 C JUICE MILK | 1/2 CRAISINS CRUNCH MANIA 1/2 C JUICE MILK | BANANA COCO ROO CEREAL Graham cracker 1/2 C JUICE MILK | orange Honey bun 1/2 C JUICE MILK | 1/2 c apple chocolate chip breakfast bar scooby sticks 1/2 C JUICE MILK |
| 21 | 22 | 23 | 24 | 25 |
|  | <i>THANKSGIVING BREAK</i> | | |  |
| 28 | 29 | 30 | | |
| 12 c applesauce trix bar 1/2 C JUICE MILK | 1/2 craisins triple berry bar 1/2 C JUICE MILK | banana tootie fruitie cereal graham cracker 1/2 C JUICE MILK | MENU SUBJECT TO CHANGE. PEP IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER. | |
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