



PEP Early Childhood Plus

The development of solid social-emotional skills in young children is directly related to their success in school and in life. **PEP Early Childhood Plus** touches over 1,000 children each year through consultation, training, and support for parents, teachers, and caregivers.

For over 50 years, PEP has developed nationally recognized expertise for nurturing healthy social-emotional development in our community's youngest learners — from birth to age 6. PEP's team of highly trained early childhood professionals each have master's degrees and more than two decades of experience working with children.

PEP's early childhood work is grounded in four philosophies and practices: **Conscious Discipline®**, **Re-ED**, the **Sanctuary Model®**, and **The New Ohio Model of Infant and Early Childhood Mental Health Consultation**. With all these approaches parents and caregivers are critically important partners in co-creating plans that position their children for success



100% of child care staff surveyed agree that the **PEP Early Childhood Plus** consultant had a strong understanding of child development, behavior, and mental health issues.



CHILD CARE CONSULTATION*

With the goal of maintaining children in their childcare settings, PEP consultants equip staff, parents, and other caregivers with skills that promote healthy development for children experiencing social, emotional, and behavioral difficulties in group environments. This program is a provider of Starting Point's Prevention and Inclusion Program.

COMMUNITY-BASED CONSULTATION*

PEP staff provides in-home or virtual early childhood mental health consultation, education, and training to families and caregivers looking for help with their young child's social, emotional, and behavioral needs. Two types of service are available for children from birth to six years: Short-Term Community-Based Consultation and Intensive Parenting Support Service.

EARLY CHILDHOOD DISTRICT CONSULTATION*

In response to stressors intensified by the pandemic, PEP consultants work with select Cuyahoga County school districts with the goal of supporting the social-emotional development of young children in preschool and kindergarten. The program aims to teach and model skills necessary to help students feel safe and succeed in a school setting; share self-care tools for parents to improve the home environment; and build teachers' skills in self-regulation and trauma-informed care.

PROFESSIONAL DEVELOPMENT AND TRAINING* – WHOLE CHILD MATTERS MASTER TRAINER

Trainings for early childhood professionals across the state focus heavily on social-emotional development, trauma-informed care, and professionalism in the classroom. Trainings are designed to reduce aggression, reduce impulsivity, and increase attention in the classroom — all while promoting collegiality between teachers. By equipping professionals with the proper skills, the goal is to promote healthy social-emotional development and school readiness in young children.

“When we have children having a difficult time in the classroom – either with speech, hearing, or something behaviorally – PEP is our first call. We’ve been over-the-moon happy with the results.”

— Erin Groves, administrator, Scribes & Scribblers Child Development Center

*We are grateful to our many partners who help make this work possible. Funding for Child Care Consultation comes through the Cuyahoga County Executive and Council and Starting Point; Community-Based Consultation funding is supported by Invest in Children from the ADAMHS Board of Cuyahoga County. All our early childhood programming is made possible through a variety of public and private sources, including foundations, school districts, and the Ohio Department of Mental Health and Addiction Services through the ADAMHS Board to PEP.