

# **Day Treatment Centers**

Our mission: supporting young people to overcome and thrive

**PEP's Day Treatment Centers** provide special education and mental health services for young people with significant behavioral and emotional challenges and set a foundation for lasting change that instills hope, optimism and resiliency.



# PEP's Approach



#### STRENGTHS BASED

At PEP we believe it's critical to build on a child's existing strengths so their positive qualities shine through and they can see their true potential.



# WHOLE CHILD WHOLE FAMILY

PEP partners with parents, family members and other adults critical to a child's success to create consistency between school and home.



#### RELATIONSHIP CENTERED

All staff at PEP are known as "teacher-counselors" because we know that any caring adult has the power to form a healing relationship that will be the difference-maker for a child.



# TRAUMA-INFORMED

At PEP we leverage our trauma-informed expertise to help young people learn how to regulate their emotions, build meaningful relationships, and develop the skills to reason and problem solve.

# A Supportive Environment



- High staff-to-student ratios maximum 1:2 building-wide ratio
- Small classroom size, generally 10 students or fewer
- Classrooms led jointly by a teacher and mental health professional
- Buildings led by both a principal and clinical supervisor

# **Programming Highlights**

- Academic instruction in line with Individualized Education Plans (IEPs)
- Daily social-emotional learning using evidence-based curriculum
- Therapeutic art, music and outdoor education
- Community-based service learning
- Life skills
- Family Peer Support
- Psychiatric and case management services are available



## Who We Serve



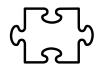
Children and youth ages 5–22



Young people with severe mental health challenges



Young people who have difficulty regulating their emotions



Children and youth who have autism or other developmental disabilities



Young people who have not been successful in a traditional school placement

## **Specialized Day Treatment Centers\***

#### **PEP Phoenix**

serves children with significant cognitive delays in addition to mental health challenges.

#### **PEP Prentiss Autism Center**

serves children with autism spectrum disorder and other complex developmental disabilities.

\*To better meet the intensive needs of the students in these settings, there are some differences in programming and classroom set-up and a lower building-wide student-to-staff ratios than PEP Chesnutt, PEP Hopewell and PEP Willow Creek.

#### **About PEP**

Since 1971, PEP has been supporting young people to overcome and thrive. In addition to its **Day Treatment Centers**, PEP's programs include **PEP Connections**, **PEP Early Childhood Plus** and **PEP Assist**. PEP is deeply immersed in trauma informed practices and is committed to understanding and overcoming the significant trauma and chronic stress experienced by many of the youth we serve. PEP is an NMT Phase II site through the Neurosequential Network.

"Every day of my life I'm thankful to PEP and all the support we received. My son is now gentle, respectful, kind and funny. He has good friends. His teachers adore him. Thank you for giving our son back to us."

- Parent of a former PEP student

"In the past, we would find a program that could meet his academic needs or his mental health needs. Finally, we have a program that meets both. I have seen such wonderful, positive change in him."

- Berea parent of a PEP student

#### **PEP Day Treatment Centers**

**PEP CHESNUTT** 9700 Lamont Avenue Cleveland, OH 44106 **PEP HOPEWELL** 11500 Franklin Blvd. Cleveland, OH 44102 PEP PHOENIX 6470 Pearl Road Parma Heights, OH 44130 PEP PRENTISS AUTISM CENTER 21755 Brookpark Road Fairview Park, OH 44126 PEP WILLOW CREEK 11600 North Durkee Road Grafton, OH 44044