

# Re-EDucation at PEP

**Re-EDucation**, or **Re-ED**, is a systematic approach to working with children who have mental health and behavioral issues. Re-ED focuses on discovering and building upon the existing strengths of children – not dwelling on their weaknesses so that these positive attributes will ultimately occupy more of their being. The Re-ED model is rooted in the abilities of dedicated teacher-counselors to build trusting relationships with students – relationships that inspire confidence, hope, empathy, and resilience. When asked to describe the Re-ED philosophy, Dr. Nicholas Hobbs, its architect, identified these 12 principles:

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| <p>1.<br/><b>Life is to be lived now.</b></p>               | <p>2.<br/><b>Trust between the child and adult is essential.</b></p> | <p>3.<br/><b>Time is an ally.</b></p>                           |
| <p>4.<br/><b>Competence makes a difference.</b></p>         | <p>5.<br/><b>Self-control can be taught.</b></p>                     | <p>6.<br/><b>Intelligence can be taught.</b></p>                |
| <p>7.<br/><b>Feelings should be nurtured.</b></p>           | <p>8.<br/><b>The group is very important.</b></p>                    | <p>9.<br/><b>Ceremony and ritual give order.</b></p>            |
| <p>10.<br/><b>The body is the armature of the self.</b></p> | <p>11.<br/><b>Communities are important.</b></p>                     | <p>12.<br/><b>A child should know some JOY in each day.</b></p> |