


51% WHOLE GRAINS
100% JUICE

**POSITIVE EDUCATION PROGRAM
GRADES 9-12 HOT LUNCH MENU
FEBRUARY 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			CHICKEN CORNDOG 1 C GREEN BEANS MUSTARD & KETCHUP 1/2 CUP FRUIT & JUICE MILK	MACARONI & CHEESE 1 C BROCCOLI 1 SLC WGR BREAD 1/2 CUP FRUIT & JUICE MILK
5	6	7	8	9
HAMBURGER W/WGR BUN 1 C TATER TOTS KETCHUP & MUSTARD 1/2 CUP FRUIT & JUICE MILK	CHICKEN NUGGETS 1 C GREEN BEANS 1 SLC WGR BREAD BBQ SAUCE & MARGARINE 1/2 CUP FRUIT & JUICE MILK	WGR CHEESE PIZZA 1 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT & JUICE MILK	CHICKEN PATTY W/WGR BUN W/ BBQ SAUCE 1 C BROCCOLI 1/2 CUP FRUIT & JUICE MILK	IN-SERVICE NO STUDENTS
12	13	14	15	16
MACARONI & CHEESE 1 C BROCCOLI 1 SLC WGR BREAD W/MARGARINE 1/2 CUP FRUIT & JUICE MILK	CHICKEN LEG 1 C BAKED BEANS 1 SLC WGR BREAD MARGARINE 1/2 CUP FRUIT & JUICE MILK	WGR CHEESE PIZZA 1 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT & JUICE MILK	CHICKEN PATTY W/WGR BUN W/ BBQ SAUCE 1 C TATER TOTS 1/2 CUP FRUIT & JUICE MILK	CLOSED
19	20	21	22	23
 Presidents Day	CHICKEN NUGGETS 1 C BROCCOLI 1 SLC WGR BREAD BBQ SAUCE & MARGARINE 1/2 CUP FRUIT & JUICE MILK	CHEESE STROMBOLI 1 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT & JUICE MILK	TURKEY FRANK W/WGR BUN 1 C BAKED BEANS KETCHUP & MUSTARD 1/2 CUP FRUIT & JUICE MILK	CHEESEBURGER W/WGR BUN 1 C TATER TOTS KETCHUP & MUSTARD 1/2 CUP FRUIT & JUICE MILK
26	27	28	29	
TURKEY FRANK W/WGR BUN 1 C GREEN BEANS KETCHUP & MUSTARD 1/2 CUP FRUIT & JUICE MILK	SLOPPY JOE W/WGR BUN 1 C TATER TOTS KETCHUP 1/2 CUP FRUIT & JUICE MILK	WGR CHEESE PIZZA 1 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT & JUICE MILK	CHICKEN CORNDOG 1/2 C BAKED BEANS MUSTARD & KETCHUP 1/2 CUP FRUIT & JUICE MILK	MENU SUBJECT TO CHANGE. PEP IS AN EQUAL OPP&TUNITY PROVIDER & EMPLOYER.

SERVING SIZES:
2 OZ. OF WHOLE GRAIN, 2 OZ. PROTIEIN, 1C FRUIT OR 1 C FRUIT JUICE,
1C VEGETABLE, 8OZ. SKIM OR 1% MILK
CALORIES NOT TO EXCEED 850, SATURATED FAT NOT TO EXCEED 10% TOTAL WEEKLY CALORIES