


MENU SUBJECT TO CHANGE.
 Only 100% Juice
 Whole Grains

POSITIVE EDUCATION PROGRAM
K-12 Breakfast Menu
February 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
MENU SUBJECT TO CHANGE. PEP IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.			OATMEAL BREAKFAST ROUND 1/2 CUP FRUIT & JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 CUP APPLESAUCE & JUICE MILK
5	6	7	8	9
WGR GRAHAMS WGR BLUEBERRY MUFFIN 1/2 CUP FRUIT & JUICE MILK	OATMEAL BREAKFAST ROUND 1/2 CUP FRUIT & JUICE MILK	WGR CEREAL WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR CHOCOLATE MUFFIN STRING CHEESE 1/2 CUP FRUIT & JUICE MILK	IN-SERVICE NO STUDENTS
12	13	14	15	16
WGR GRAHAMS YOGURT 1/2 CUP FRUIT & JUICE MILK	WGR CHOCOLATE CHIP OATMEAL BENEFIT BAR 1/2 CUP APPLESAUCE & JUICE MILK	WGR CEREAL WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR POWDERED DONUT 1/2 CUP FRUIT & JUICE MILK	CLOSED
19	20	21	22	23
 Presidents' Day	WGR POWDERED DONUT 1/2 CUP FRUIT & JUICE MILK	WGR CEREAL WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR BLUEBERRY MUFFIN STRING CHEESE 1/2 CUP FRUIT & JUICE MILK	BREAKFAST PIZZA 1/2 CUP FRUIT & JUICE MILK
26	27	28	29	
WGR GRAHAMS YOGURT 1/2 CUP FRUIT & JUICE MILK	WGR BANANA CHOCOLATE BENEFIT BAR 1/2 CUP APPLESAUCE & JUICE MILK	WGR CEREAL WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR CHOCOLATE MUFFIN 1/2 CUP FRUIT & JUICE MILK	

SERVING SIZES:
 2 oz. of whole Grain, 1c Fruit or 1c Fruit Juice, 8oz. skim or 1% Milk
 calories not to exceed 500, saturated fat not to exceed 10% of total weekly calories