


51% whole grains
100% juice

POSITIVE EDUCATION PROGRAM
K-8TH HOT LUNCH MENU
FEBRUARY 2024

8 OZ OF MILK PROVIDED WITH ALL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			CHICKEN CORNDOG 3/4 C GREEN BEANS MUSTARD & KETCHUP 1/2 CUP FRUIT OR JUICE MILK	MACARONI & CHEESE 3/4 C BROCCOLI 1 SLC WGR BREAD 1/2 CUP FRUIT OR JUICE MILK
5	6	7	8	9
HAMBURGER W/WGR BUN 3/4 C TATER TOTS KETCHUP & MUSTARD 1/2 CUP FRUIT OR JUICE MILK	CHICKEN NUGGETS 3/4 C GREEN BEANS 1 SLC WGR BREAD BBQ SAUCE & MARGARINE 1/2 CUP FRUIT OR JUICE MILK	WGR CHEESE PIZZA 3/4 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT OR JUICE MILK	CHICKEN PATTY W/WGR BUN W/ BBQ SAUCE 3/4 C BROCCOLI 1/2 CUP FRUIT OR JUICE MILK	IN-SERVICE NO STUDENTS
12	13	14	15	16
MACARONI & CHEESE 3/4 C BROCCOLI 1 SLC WGR BREAD W/MARGARINE 1/2 CUP FRUIT OR JUICE MILK	CHICKEN LEG 3/4 C BAKED BEANS 1 SLC WGR BREAD MARGARINE 1/2 CUP FRUIT OR JUICE MILK	WGR CHEESE PIZZA 3/4 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT OR JUICE MILK	CHICKEN PATTY W/WGR BUN W/ BBQ SAUCE 3/4 C TATER TOTS 1/2 CUP FRUIT OR JUICE MILK	CLOSED
19	20	21	22	23
 Presidents' Day	CHICKEN NUGGETS 3/4 C BROCCOLI 1 SLC WGR BREAD BBQ SAUCE & MARGARINE 1/2 CUP FRUIT OR JUICE MILK	CHEESE STROMBOLI 3/4 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT OR JUICE MILK	TURKEY FRANK W/WGR BUN 3/4 C BAKED BEANS KETCHUP & MUSTARD 1/2 CUP FRUIT OR JUICE MILK	CHEESEBURGER W/WGR BUN 3/4 C TATER TOTS KETCHUP & MUSTARD 1/2 CUP FRUIT OR JUICE MILK
26	27	28	29	
TURKEY FRANK W/WGR BUN 3/4 C GREEN BEANS KETCHUP & MUSTARD 1/2 CUP FRUIT OR JUICE MILK	SLOPPY JOE W/WGR BUN 3/4 C TATER TOTS KETCHUP 1/2 CUP FRUIT OR JUICE MILK	WGR CHEESE PIZZA 3/4 C BABY CARROTS RANCH DRESSING 1/2 CUP FRUIT OR JUICE MILK	CHICKEN CORNDOG 1/2 C BAKED BEANS MUSTARD & KETCHUP 1/2 CUP FRUIT OR JUICE MILK	MENU SUBJECT TO CHANGE. PEP IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.

SERVNG SIZES: 2 oz. of whole Grain, 2 oz. protien, 1/2c Fruit or 1/2 C Fruit Juice,
3/4 C vegetable, 8oz. skim or 1% Milk
calories not to exceed 650, saturated fat not to exceed more then 10% weekly calories