




51% whole grains  
100% juice

POSITIVE EDUCATION PROGRAM  
K-12 Breakfast Menu  
April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
				
8	9	10	11	12
NO SCHOOL ECLIPSE OBSERVANCE	WGR BLUEBERRY BENEFIT BAR 1/2 CUP APPLESAUCE & JUICE MILK	WGR CEREAL WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR POWDERED DONUT 1/2 CUP FRUIT & JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 CUP APPLESAUCE & JUICE MILK
15	16	17	18	19
WGR CHOCOLATE MUFFIN WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR POWDERED DONUT 1/2 CUP APPLESAUCE & JUICE MILK	WGR CEREAL WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR BLUEBERRY MUFFIN STRING CHEESE 1/2 CUP FRUIT & JUICE MILK	IN-SERVICE NO STUDENTS
22	23	24	25	26
YOGURT WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	APPLE CINNAMON BENEFIT BAR 1/2 CUP APPLESAUCE & JUICE MILK	WGR CEREAL WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	WGR CHOCOLATE MUFFIN 1/2 CUP FRUIT & JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 CUP APPLESAUCE & JUICE MILK
29	30			
WGR CHOCOLATE MUFFIN WGR GRAHAMS 1/2 CUP FRUIT & JUICE MILK	OATMEAL BREAKFAST ROUND 1/2 CUP APPLESAUCE & JUICE MILK			MENU SUBJECT TO CHANGE. THIS IS AN EQUAL OPPORTUNITY PROVIDER.

SERVING SIZE:  
2 OZ. WHOLE GRAIN, 1/2 C FRUIT JUICE, 8 OZ. SKIMMILK  
CALORIES NOT TO EXCEED 500, SATIRATED FAT NOT TO EXCEED 10%  
TOTAL CALORES PER WEEK