

# PEP Early Childhood Plus

## Child Care Resource and Referral Collaborative

### ABOUT THE CCR&R COLLABORATIVE

The **Child Care Resource and Referral (CCR&R)** project is a statewide initiative in which infant and early childhood mental health consultants support the work of child care resource and referral agencies. (CCR&Rs assist parents and child care providers with accessing services that benefit young children.) The goal of the project is to promote adult and child resilience and wellness and strengthen the capacity of CCR&R staff to respond to the challenges of providers, caregivers and children. Support can take on many forms and is developed in collaboration with CCR&Rs to best meet their needs.

### HOW PEP CAN HELP

#### CCR&R AGENCY

- ✓ **Provide training** and professional development to promote agency goals
- ✓ **Gather data** and report it to the state to encourage data-driven decision making
- ✓ **Share tools and resources** with staff
- ✓ **Attend staff meetings** to provide a mental health perspective
- ✓ **Facilitate a positive environment** through team building and engagement

#### CCR&R STAFF

- ✓ **Offer office hours** to consult on challenging cases
- ✓ **Meet with staff** individually or in groups to foster use of mental health resources
- ✓ **Research best-practices** in response to specific challenges
- ✓ **Facilitate reflective practice** in which staff consider strategies used with partner providers and verbal and non-verbal cues that might suggest implicit bias

#### CCR&R PARTNER PROVIDER AND FAMILIES

- ✓ **Accompany CCR&R staff** to sessions with partner providers or families to conduct observation and assessment
- ✓ **Develop a focused plan** in collaboration with CCR&R staff regarding specific partner provider or caregivers/children
- ✓ **Accept short-term referrals** from CCR&R staff to provide consultation to:
  - Staff
  - Partner providers
  - Caregivers/family
- ✓ **Provide short-term consultation** and coaching specific to the partner provider or caregiver/family

### CCR&R COLLABORATIVE AT PEP

PEP's collaboration with the CCR&Rs aims to align mental health supports to the unique initiatives at these agencies and is designed to help fill service gaps in infant and early childhood mental health care. PEP Early Childhood Plus consultants have extensive experience and knowledge in social emotional development, child development, trauma and mental health.

### COUNTIES SERVED BY PEP

Ashtabula, Cuyahoga, Erie, Geauga, Huron, Lake, Lorain, Sandusky and Seneca.



### ABOUT PEP

Since 1971, Positive Education Program has been supporting young people to overcome and thrive. PEP provides direct and indirect services for children challenged by complex developmental trauma, mental health issues and autism, their families and the professionals who support them. PEP is committed to understanding and overcoming the significant trauma and chronic stress experienced by many of the youth we serve. Programs include six PEP Day Treatment Centers (Chesnutt, Hopewell, Phoenix, Prentiss Autism Center, Willow Creek) PEP Connections, PEP Early Childhood Plus and PEP Assist.