

51% whole Grains
 100% juice
 MENU SUBJECT TO CHANGE

POSITIVE EDUCATION PROGRAM
 PRENTISS 9-12 HOT MENU
 JULY 2024

AN EQUAL OPPORTUNITY PROVIDER/EMPLOYER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h1 style="margin: 0;">NO SCHOOL SUMMER BREAK</h1> 				
15	16	17	18	19
MEATBALLS IN PASTA SAUCE 1 C GREEN BEANS 1/2 C FRUIT & JUICE MILK	CHICKEN NUGGETS 1 C BROCCOLI 1 SLC WGR BREAD MARGARINE 1/2 C APPLESAUCE & JUICE MILK	CHEESE STROMBOLI 1 C COOKED CARROTS 1/2 C FRUIT & JUICE MILK	TURKEY FRANK WGR BUN 1 C BAKED BEANS 1/2 C APPLESAUCE MILK	NO SCHOOL
22	23	24	25	26
CHICKEN LEG 1 C BAKED BEANS 1/2 C APPLESAUCE & JUICE 1 SLC WGR BREAD MILK	SLOPPY JOY WGR BUN 1 C TATER TOTS 1/2 C FRUIT & JUICE MILK	WGR CHEESE PIZZA 1 C COOKED CARROTS 1/2 C APPLESAUCE & JUICE MILK	CHICKEN CORNDOG 1 C GREEN BEANS 1/2 C FRUIT & JUICE MILK	NO SCHOOL
29	30	31	1	2
HAMBURGER WGR BUN 1 C TATER TOTS 1/2 C FRUIT & JUICE MILK	CHICKEN PATTY WGR BUN 1 C BROCCOLI 1/2 C APPLESAUCE & JUICE MILK	WGR CHEESE PIZZA 1 C COOKED CARROTS 1/2 C FRUIT & JUICE MILK	CHICKEN NUGGETS 1 SLC WGR BREAD MARGARINE 1 C GREEN BEANS 1/2 C APPLESAUCE & JUICE MILK	NO SCHOOL

SERVING SIZES:
 2 oz. of whole Grain, 2 oz. protein, 1c Fruit or Juice,
 1C vegetable, 8oz. skim or 1% Milk calories not to exceed 850,
 saturated fat not to exceed 10% total weekly calories