


51% whole grains
 100% Juice
 MENU SUBJECT TO CHANGE

Positive Education Program
 K-12 Breakfast Menu
 September 2024

THIS INSTITUTION IS AN
 EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
LABOR DAY 	CHOCOLATE MUFFIN FRESH ORANGE 1/2 C GRAPE JUICE MILK	DONUT 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	BANANA CHOCOLATE BAR FRESH APPLE 1/2 C APPLE JUICE MILK	BLUEBERRY BASH WAFFLE 1/2 C PEACHES 1/2 C GRAPE JUICE MILK
9	10	11	12	13
BANANA MUFFIN 1/2 C PEARS 1/2 C APPLE JUICE MILK	CINNAMON BUN FRESH ORANGE 1/2 C GRAPE JUICE MILK	CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	APPLE CINNAMON BAR FRESH APPLE 1/2 C APPLE JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 C PEACHES 1/2 C GRAPE JUICE MILK
16	17	18	19	20
BIRTHDAY CAKE BAR 1/2 C PEARS 1/2 C APPLE JUICE MILK	CHOCOLATE MUFFIN FRESH ORANGE 1/2 C GRAPE JUICE MILK	DONUT 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	BANANA CHOCOLATE BAR FRESH APPLE 1/2 C APPLE JUICE MILK	IN-SERVICE NO STUDENTS
23	24	25	26	27
BANANA MUFFIN 1/2 C PEARS 1/2 C APPLE JUICE MILK	CINNAMON BUN FRESH ORANGE 1/2 C GRAPE JUICE MILK	CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	APPLE CINNAMON BAR FRESH APPLE 1/2 C APPLE JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 C PEACHES 1/2 C GRAPE JUICE MILK
30				
BIRTHDAY CAKE BAR 1/2 C PEARS 1/2 C APPLE JUICE MILK				

SERVING SIZES:

2 oz. of whole Grain, 1c Fruit or 1/2 C Fruit Juice 1/2 C Fruit, 8oz. skim or 1% Milk
 calories not to exceed 550, saturated fat not to exceed 10% of total calories per week