


51% whole grains
 100% juice
 MENU IS SUBJECT TO CHANGE

Positive Education Program
 K-8th Hot Lunch Menu
 September 2024

THIS INSTITUTION IS AN
 EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
LABOR DAY 	GRILLED CHICKEN WGR BUN 3/4 C ROASTED POTATOES 1/2 C APPLESAUCE MILK	WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	CHICKEN CORN DOG 3/4 C BAKED BEANS FRESH ORANGE MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 3/4 C BROCCOLI 1/2 C MIXED FRUIT MILK
9	10	11	12	13
LASAGNA ROLL UP 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK	CHICKEN PATTY WGR BUN 3/4 C BAKED BEANS 1/2 C APPLESAUCE MILK	WGR PEPPERONI PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	CHICKEN TENDERS & WAFFLES 3/4 C ROASTED POTATOES FRESH ORANGE MILK	GRILLED CHEESE 3/4 C BROCCOLI 1/2 C MIXED FRUIT MILK
16	17	18	19	20
MAC & CHEESE 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK	CHEESE & BEAN BURRITO 3/4 C CORN 1/2 C APPLESAUCE MILK	WGR CHEESE STROMBOLI 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	SLOPPY JOE WGR BUN 3/4 C BROCCOLI FRESH ORANGE MILK	IN-SERVICE NO STUDENTS
23	24	25	26	27
PANCAKES W/TURKEY SAUSAGE 3/4 ROASTED POTATOES FRESH APPLE MILK	CHICKEN ALFREDO PASTA BAKE 3/4 C BROCCOLI 1/2 C APPLESAUCE MILK	WGR PEPPERONI PIZZA 3/4 COOKED CARROTS 1/2 C PEACHES MILK	CHEESEBURGER WGR BUN 3/4 C BAKED BEANS FRESH ORANGE MILK	SWEET & SOUR CHICKEN OVER VEGGIE FRIED RICE 3/4 C GREEN BEANS 1/2 C MIXED FRUIT MILK
30				
PANCAKES W/TURKEY SAUSAGE 3/4 ROASTED POTATOES FRESH APPLE MILK				

SERVING SIZES:
 2 oz. of whole Grain, 2 oz. protien, 1/2 c Fruit or 1/2 C Fruit Juice,
 3/4 C vegetable, 8oz. skim or 1% Milk
 calories not to exceed 550, saturated fat not to exceed more then 10% weekly calories