

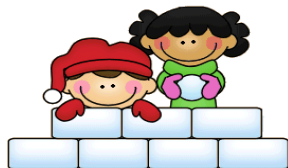
51% WHOLE GRAINS
 100% JUICE
 SUBJECT TO CHANGE

POSITIVE EDUCATION PROGRAM
 K-8TH HOT LUNCH MENU
 DECEMBER 2024

THIS INSTITUTION IS AN
 EQUAL OPPORTUNITY PROVIDER

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 2 | 3 | 4 | 5 | 6 |
| LASAGNA ROLL UP 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK | CHICKEN PATTY WGR BUN 3/4 C BAKED BEANS 1/2 C APPLESAUCE MILK | WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK | CHICKEN TENDERS & WAFFLES 3/4 C ROASTED POTATOES 1/2 C MANDARIN ORANGES MILK | GRILLED CHEESE 3/4 C BROCCOLI 1/2 C MIXED FRUIT MILK |
| 9 | 10 | 11 | 12 | 13 |
| MAC & CHEESE 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK | CHEESE & BEAN BURRITO 3/4 C CORN 1/2 C APPLESAUCE TACO SAUCE MILK | WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK | SLOPPY JOE WGR BUN 3/4 C BROCCOLI 1/2 C MANDARIN ORANGES MILK | CHICKEN NUGGETS 1 SLC WGR BREAD 3/4 C BAKED BEANS 1/2 C MIXED FRUIT MARGARINE MILK |
| 16 | 17 | 18 | 19 | 20 |
| PANCAKES W/TURKEY SAUSAGE 3/4 C ROASTED POTATOES FRESH APPLE SYRUP MILK | CHICKEN ALFREDO PASTA BAKE 3/4 C BROCCOLI 1/2 C APPLESAUCE MILK | WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK | SWEET & SOUR CHICKEN OVER VEGGIE FRIED RICE 3/4 C GREEN BEANS 1/2 C MANDARIN ORANGES MILK | CHEESEBURGER WGR BUN 3/4 C BAKED BEANS 1/2 C MIXED FRUIT MUSTARD & KETCHUP MILK |
| 23 | 24 | 25 | 26 | 27 |

Winter Break



Sleeping
 Snowboarding
 Skating
 OceanPlunge
 Softball
 Laid-Back
 Home
 StayingUpAllNight
 Snowblowing
 Hiking
 Sledding
 HotChocolate
 sleep
 Exciting
 MoreFood
 Cold Fun
 Movies
 Facetime
 Cabin
 Relaxing
 Basketball
 Rain
 Fortnite
 Oversleeping
 DeliciousFood
 Food
 TikTok
 BoardGames
 Phone
 Friends
 Gifts
 Skiing
 Presents
 VideoGames

Snow WinterBreak Family



SERVING SIZES:

2 oz. of whole Grain, 2 oz. protien, 1/2 C Fruit/Juice,
 3/4 C vegetable, 8oz. skim or 1% Milk

calories not to exceed 650, saturated fat not to exceed 10% of total weekly calories