



**MENU SUBJECT TO CHANGE.**  
**Only 100% Juice**  
**Whole Grains**

**POSITIVE EDUCATION PROGRAM**  
**K-12 Breakfast Menu**  
**January 2025**

THIS INSTITUTION IS  
 AN EQUAL OPPORTUNITY EMPLOYER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
				
6	7	8	9	10
BANANA MUFFIN 1/2 C PEARS 1/2 C APPLE JUICE MILK	CINNAMON BUN 1/2 C MANDARIN ORANGES 1/2 C GRAPE JUICE MILK	CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	APPLE CINNAMON BAR FRESH APPLE 1/2 C APPLE JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 C PEACHES 1/2 C GRAPE JUICE SYRUP MILK
13	14	15	16	17
BIRTHDAY CAKE BAR 1/2 C PEARS 1/2 C APPLE JUICE MILK	CHOCOLATE MUFFIN 1/2 C MANDARIN ORANGE 1/2 C GRAPE JUICE MILK	DONUT 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	BANANA CHOCOLATE BAR FRESH APPLE 1/2 C APPLE JUICE MILK	IN-SERVICE NO STUDENTS
20 MLK DAY	21	22	23	24
	CINNAMON BUN 1/2 C MANDARIN ORANGE 1/2 C GRAPE JUICE MILK	CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	APPLE CINNAMON BAR FRESH APPLE 1/2 C APPLE JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 C PEACHES 1/2 C GRAPE JUICE SYRUP MILK
27	28	29	30	31
BIRTHDAY CAKE BAR 1/2 C PEARS 1/2 C APPLE JUICE MILK	CHOCOLATE MUFFIN 1/2 C MANDARIN ORANGE 1/2 C GRAPE JUICE MILK	DONUT 1/2 C PINEAPPLES 1/2 C ORANGE JUICE MILK	BANANA CHOCOLATE BAR FRESH APPLE 1/2 C APPLE JUICE MILK	BLUEBERRY BASH WAFFLE 1/2 C PEACHES 1/2 C GRAPE JUICE SYRUP MILK

**SERVING SIZES:**  
 2 oz. of whole Grain, 1c fruit or 1c fruit juice, 8oz. skim or 1% milk  
 calories not to exceed 500, saturated fat not to exceed 10% of total weekly calories