



51% whole grains
100% juice
MENU SUBJECT

POSITIVE EDUCATION PROGRAM
K-8th Hot Lunch Menu
January 2025

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
		1	2	3
6	7	8	9	10
CHICKEN TENDERS & WAFFLES 3/4 C ROASTED POTATOES 1/2 C MANDARIN ORANGES MILK	CHICKEN PATTY WGR BUN 3/4 C BAKED BEANS 1/2 C APPLESAUCE MILK	WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	LASAGNA ROLL UP 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK	GRILLED CHEESE 3/4 C BROCCOLI 1/2 C PEARS MILK
13	14	15	16	17
MAC & CHEESE 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK	CHEESE & BEAN BURRITO 3/4 C CORN 1/2 C APPLESAUCE TACO SAUCE MILK	WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	SLOPPY JOE WGR BUN 3/4 C BROCCOLI 1/2 C MANDARIN ORANGES MILK	IN-SERVICE NO STUDENTS
MLK HOLIDAY 20	21	22	23	24
	CHICKEN ALFREDO PASTA BAKE 3/4 C BROCCOLI 1/2 C APPLESAUCE MILK	WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	CHEESEBURGER WGR BUN 3/4 C BAKED BEANS 1/2 C MANDARIN ORANGES MUSTARD & KETCHUP MILK	SWEET & SOUR CHICKEN OVER VEGGIE FRIED RICE 3/4 C GREEN BEANS 1/2 C PEARS MILK
27	28	29	30	31
PASTA & MEATBALL BAKE 3/4 C GREEN BEANS FRESH APPLE MILK	GRILLED CHICKEN ON WGR BUN 3/4 C ROASTED POTATOES 1/2 C APPLESAUCE MILK	WGR CHEESE PIZZA 3/4 COOKED CARROTS 1/2 C PEACHES MILK	CHICKEN CORN DOG 3/4 C BAKED BEANS 1/2 C MANDARIN ORANGES MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 3/4 C BROCCOLI 1/2 C PEARS MILK

SERVING SIZES:
2 oz. of whole Grain, 2 oz. protien, 1/2 C fruit or 1/2 C fruit juice,
3/4 C vegetable, 8oz. skim or 1% milk
calories not to exceed 650, saturated fat not to exceed 10% total weekly calories