
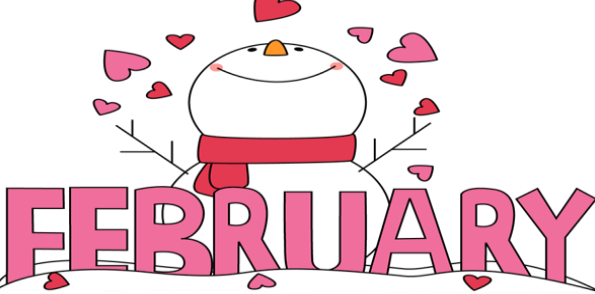




51% WHOLE GRAINS
100% JUICE

**POSITIVE EDUCATION PROGRAM
GRADES 9-12 HOT LUNCH MENU
FEBRUARY 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3	4	5	6	7
3 CHICKEN TENDERS 1 SLC WGR BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE MILK	CHICKEN PATTY WGR BUN 1 C BAKED BEANS 1/2 C APPLESAUCE 1/2 C GRAPE JUICE MILK	PEPPERONI CALZONE 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C ORANGE JUICE MILK	CHICKEN TENDERS & WAFFLES 1 C ROASTED POTATOES 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE MILK	INSERVICE NO STUDENTS
10	11	12	13	14
MAC & CHEESE 1 SLC WGR BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE MILK	CHEESE & BEAN BURRITO 1 C CORN 1/2 C APPLESAUCE 1/2 C GRAPE JUICE TACO SAUCE MILK	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C ORANGE JUICE MILK	SLOPPY JOE WGR BUN 1 C BROCCOLI 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE MILK	CHICKEN NUGGETS 1 SLC WGR BREAD 1 C BAKED BEANS 1/2 C MIXED FRUIT 1/2 C GRAPE JUICE MARGARINE MILK
17	18	19	20	21
	TURKEY HOT DOG W/BUN 1 C BROCCOLI 1/2 C APPLESAUCE 1/2 C GRAPE JUICE MILK	PEPPERONI CALZONE 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C ORANGE JUICE MILK	CHEESEBURGER WGR BUN 1 C BAKED BEANS 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE KETCHUP & MUSTARD MILK	CHICKEN LEG 1 SLC WGR BREAD 1 C GREEN BEANS 1/2 C MIXED FRUIT 1/2 C GRAPE JUICE MILK
24	25	26	27	28
PASTA & MEATBALL BAKE 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MILK	GRILLED CHICKEN ON WGR BUN 1 C ROASTED POTATOES 1/2 C APPLESAUCE 1/2 C GRAPE JUICE MILK	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C ORANGE JUICE MILK	CHICKEN CORN DOG 1 C BAKED BEANS 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 1 C BROCCOLI 1/2 C PEARS 1/2 C GRAPE JUICE MILK

SERVING SIZES:
2 OZ. OF WHOLE GRAIN, 2 OZ. PROTIEIN, 1c FRUIT OR 1 C FRUIT JUICE,
1C VEGETABLE, 8OZ. SKIM OR 1% MILK
CALORIES NOT TO EXCEED 850, SATURATED FAT NOT TO EXCEED 10% TOTAL WEEKLY CALORIES