

POSITIVE EDUCATION PROGRAM

9-12 Hot Lunch Menu

MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
3 CHICKEN TENDERS 1 SLC WGR BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE & BBQ SAUCE MILK	CHICKEN PATTY WGR BUN 1 C BAKED BEANS 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK & BBQ SAUCE	PEPPERONI CALZONE 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRAPE JUICE MILK	CHICKEN TENDERS & WAFFLES 1 C ROASTED POTATOES 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE SYRUP MILK	IN-SERVICE NO STUDENTS
10	11	12	13	14
MAC & CHEESE 1 SLC WGR BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE MILK	CHEESE & BEAN BURRITO 1 C CORN 1/2 C APPLESAUCE 1/2 C ORANGE JUICE TACO SAUCE MILK	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRAPE JUICE MILK	SLOPPY JOE WGR BUN 1 C BROCCOLI 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE MILK	CHICKEN NUGGETS 1 SLC WGR BREAD 1 C BAKED BEANS 1/2 C PEARS 1/2 C GRAPE JUICE BBQ SAUCE & MARGARINE MILK
17	18	19	20	21
PANCAKES W/TURKEY SAUSAGE 1 ROASTED POTATOES FRESH APPLE 1/2 C APPLE JUICE MILK & SYRUP	TURKEY HOT DOG W/BUN 1 C BROCCOLI 1/2 C APPLESAUCE 1/2 C ORANGE JUICE KETCHUP & MUSTARD MILK	PEPPERONI CALZONE 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRAPE JUICE MILK	CHEESEBURGER WGR BUN 1 C BAKED BEANS 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE KETCHUP & MUSTARD MILK	CHICKEN LEG 1 SLC WGR BREAD MARGARIN 1 C GREEN BEANS 1/2 C PEARS 1/2 C GRAPE JUICE MILK
24	25	26	27	28
				
31	1-APR	2-APR	3-APR	4-APR
3 CHICKEN TENDERS 1 SLC WGR BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE & BBQ SAUCE MILK	CHICKEN PATTY WGR BUN 1 C BAKED BEANS 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK & BBQ SAUCE	PEPPERONI CALZONE 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRAPE JUICE MILK	CHICKEN TENDERS & WAFFLES 1 C ROASTED POTATOES 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE SYRUP MILK	GRILLED CHEESE SANDWICH 1 C BROCCOLI 1/2 C PEARS 1/2 C GRAPE JUICE MILK

Serving Sizes:  
2 oz. WG, 2 oz. Protein, 1 C fruit/Juice, 1 C vegetable.  
8 oz. skim/1% Milkx  
Calories not to exceed 850, saturated fat not to exceed more than 10% weekly calories