

POSITIVE EDUCATION PROGRAM
 GRADES 9-12 HOT LUNCH MENU
 APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	CHICKEN PATTY WGR BUN 1 C BAKED BEANS 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK & BBQ SAUCE	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRATE JUICE MILK	CHICKEN TENDERS & WAFFLES 1 C ROASTED POTATOES 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE SYRUP & MILK	GRILLED CHEESE SANDWICH 1 C BROCCOLI 1/2 C PEARS 1/2 C GRAPE JUICE MILK
7	8	9	10	11
MAC & CHEESE 1 SLC WGR BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE MILK	CHEESE & BEAN BURRITO 1 C CORN 1/2 C APPLESAUCE 1/2 C ORANGE JUICE TACO SAUCE MILK	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRATE JUICE MILK	SLOPPY JOE WGR BUN 1 C BROCCOLI 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE MILK	CHICKEN NUGGETS 1 SLC WGR BREAD 1 C BAKED BEANS 1/2 C PEARS 1/2 C GRAPE JUICE BBQ SAUCE & MARGARINE MILK
14	15	16	17	18
PANCAKES W/TURKEY SAUSAGE 1 ROASTED POTATOES FRESH APPLE 1/2 C APPLE JUICE MILK & SYRUP	TURKEY HOT DOG W/BUN 1 C BROCCOLI 1/2 C APPLESAUCE 1/2 C ORANGE JUICE KETCHUP & MUSTARD MILK	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRATE JUICE MILK	CHEESEBURGER WGR BUN 1 C BAKED BEANS 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE KETCHUP & MUSTARD MILK	IN-SERVICE NO STUDENTS
21	22	23	24	25
PASTA & MEATBALL BAKE 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MILK	GRILLED CHICKEN ON WGR BUN 1 C TATER GEMS 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRATE JUICE MILK	CHICKEN CORN DOG 1 C BAKED BEANS 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 1 C BROCCOLI 1/2 C PEARS 1/2 C GRAPE JUICE MILK
28	29	30	MAY 1ST	MAY 2ND
3 CHICKEN TENDERS 1 SLC WGR BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE & BBQ SAUCE MILK	CHICKEN PATTY WGR BUN 1 C BAKED BEANS BBQ SAUCE 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK	WGR CHEESE PIZZA 1 1/4 C COOKED CARROTS 1/2 C PEACHES 1/2 C GRATE JUICE MILK	CHICKEN TENDERS & WAFFLES 1 C ROASTED POTATOES 1/2 C MANDARIN ORANGES 1/2 C APPLE JUICE SYRUP MILK	GRILLED CHEESE SANDWICH 1 C BROCCOLI 1/2 C PEARS 1/2 C GRAPE JUICE MILK

SERVING SIZES:
 2 OZ. OF WHOLE GRAIN, 2 OZ. PROTIEIN, 1C FRUIT OR 1 C FRUIT JUICE,
 1C VEGETABLE, 8OZ. SKIM OR 1% MILK
 CALORIES NOT TO EXCEED 850, SATURATED FAT NOT TO EXCEED 10% TOTAL WEEKLY CALORIES