



POSITIVE EDUCATION PROGRAM
 K-8TH HOT LUNCH MENU
 MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CHICKEN TENDERS & WAFFLES 3/4 C ROASTED POTATOES 1/2 C MANDARIN ORANGES SYRUP MILK	2 GRILLED CHEESE SANDWICH 3/4 C BROCCOLI 1/2 C PEARS MILK
5	6	7	8	9
MAC & CHEESE 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK	CHEESE & BEAN BURRITO 3/4 C CORN 1/2 C APPLESAUCE TACO SAUCE MILK	WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	SLOPPY JOE WGR BUN 3/4 C BROCCOLI 1/2 C MANDARIN ORANGES MILK	CHICKEN NUGGETS 1 SLC WGR BREAD 3/4 C BAKED BEANS 1/2 C PEARS BBQ SAUCE MARGARINE MILK
12	13	14	15	16
PANCAKES W/TURKEY SAUSAGE 3/4 ROASTED POTATOES FRESH APPLE MILK & SYRUP	TURKEY HOT DOG W/BUN 3/4 C BROCCOLI 1/2 C APPLESAUCE KETCHUP & MUSTARD MILK	WGR CHEESE PIZZA 3/4 C COOKED CARROTS 1/2 C PEACHES MILK	CHEESEBURGER WGR BUN 3/4 C BAKED BEANS 1/2 C MANDARIN ORANGES KETCHUP & MUSTARD MILK	IN-SERVICE NO STUDENTS
19	20	21	22	23
PASTA & MEATBALL BAKE 3/4 C GREEN BEANS FRESH APPLE MILK	GRILLED CHICKEN ON WGR BUN 3/4 C TATER GEMS 1/2 C APPLESAUCE MILK	WGR CHEESE PIZZA 3/4 COOKED CARROTS 1/2 C PEACHES MILK	CHICKEN CORN DOG 3/4 C BAKED BEANS 1/2 C MANDARIN ORANGES KETCHUP & MUSTARD MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 3/4 C BROCCOLI 1/2 C PEARS MILK
26	27	28	29	30
	CHICKEN PATTY WGR BUN 3/4 C BAKED BEANS BBQ SAUCE 1/2 C APPLESAUCE MILK	WGR CHEESE PIZZA 3/4 COOKED CARROTS 1/2 C PEACHES MILK	CHICKEN TENDERS & WAFFLES 3/4 C ROASTED POTATOES 1/2 C MANDARIN ORANGES SYRUP MILK	GRILLED CHEESE SANDWICH 3/4 C BROCCOLI 1/2 C PEARS MILK

SERVING SIZES:
 2 OZ. OF WHOLE GRAIN, 2 OZ. PROTIEIN, 1C FRUIT OR 1 C FRUIT JUICE,
 3/4 C VEGETABLE, 8OZ. SKIM OR 1% MILK
 CALORIES NOT TO EXCEED 650, SATURATED FAT NOT TO EXCEED MORE THEN 10% WEEKLY CALORIES