





POSITIVE EDUCATION PROGRAM
 K-12 BREAKFAST MENU
 MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
5	6	7	8	9
CONFETTI PANCAKES 1/2 C PEARS 1/2 C APPLE JUICE MILK	CHOCOLATE MUFFIN MANDARIN ORANGE 1/2 C ORANGE JUICE MILK	DONUT 1/2 C PINEAPPLES 1/2 C GRAPE JUICE MILK	BANANA CHOCOLATE BAR FRESH APPLE 1/2 C APPLE JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 C PEACHES 1/2 C GRAPE JUICE MILK
12	13	14	15	16
BANANA MUFFIN 1/2 C PEARS 1/2 C APPLE JUICE MILK	CINNAMON BUN 1/2 C MANDARIN ORANGE 1/2 C ORANGE JUICE MILK	CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS 1/2 C PINEAPPLES 1/2 C GRAPE JUICE MILK	BANANA CHOCOLATE BAR FRESH APPLE 1/2 C APPLE JUICE MILK	IN-SERVICE NO STUDENTS
19	20	21	22	23
CONFETTI PANCAKES 1/2 C PEARS 1/2 C APPLE JUICE MILK	CHOCOLATE MUFFIN MANDARIN ORANGE 1/2 C ORANGE JUICE MILK	DONUT 1/2 C PINEAPPLES 1/2 C GRAPE JUICE MILK	COCOA PUFF CEREAL FRESH APPLE 1/2 C APPLE JUICE MILK	BLUEBERRY BASH WAFFLE 1/2 C PEACHES 1/2 C GRAPE JUICE SYRUP MILK
26	27	28	29	30
	CINNAMON BUN 1/2 C MANDARIN ORANGE 1/2 C ORANGE JUICE MILK	CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS 1/2 C PINEAPPLES 1/2 C GRAPE JUICE MILK	BANANA CHOCOLATE BAR FRESH APPLE 1/2 C APPLE JUICE MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 C PEACHES 1/2 C GRAPE JUICE MILK

SERVING SIZES:
 2 OZ. OF WHOLE GRAIN, 1C FRUIT/JUICE, 8OZ. SKIM OR 1% MILK
 CALORIES NOT TO EXCEED 500, SATURATED FAT NOT TO EXCEED 10% OF TOTAL CALORIES PER WEEK